

The Oklahoma Psychological Association and the Regional Food Bank of Oklahoma are teaming up to fight hunger and feed hope.

To give back to the community and provide support for some of the most vulnerable among us, the Oklahoma Psychological Association is sponsoring three hours of service at the Oklahoma Food Bank in Oklahoma City on:

Saturday, May 30, 2015 from 9 a.m. to 12 p.m.

The Regional Food Bank of Oklahoma distributes food and other products through a network of 1,200 charitable feeding programs, including food pantries, homeless shelters, church pantries, soup kitchens, Food Resource Centers and schools. **They provide enough food to feed 110,000 of our Oklahoma neighbors each week.**



The Regional Food Bank's Food for Kids program started as a pilot program in 2003 after hearing a firsthand account of an Oklahoma City elementary student who, due to lack of food over the weekend, fainted on a Monday morning while waiting in the school lunch line. The program provides chronically hungry children with backpacks filled with non-perishable, nutritious, kid-friendly, shelf-stable food to sustain them over weekends and school holidays. The program currently serves 18,527 chronically hungry children in 501 elementary schools across 53 central and western Oklahoma counties.

We hope to have at least 50 psychologists participate in this worthy project, and hope you'll join us in helping the most vulnerable among us.

Please RSVP to Dr. Gail Poyner at <u>drpoyner@sbcglobal.net</u>, or call me at 405-741-2844/405-550-0333 if you have any questions.

